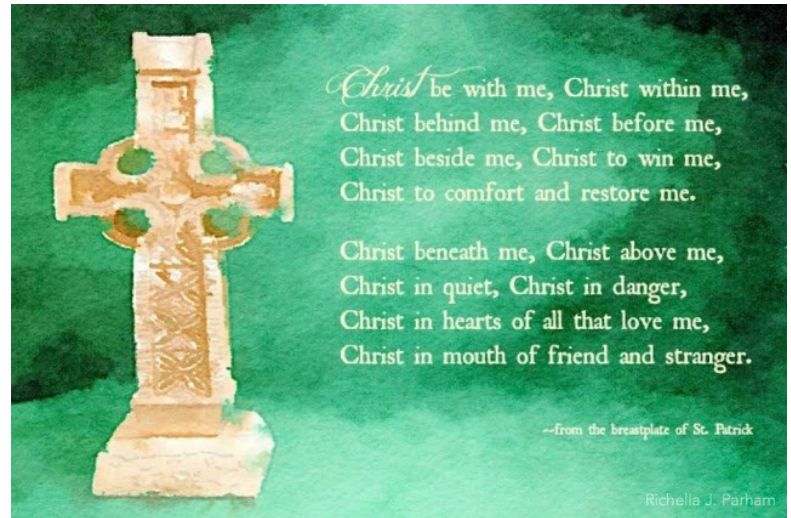







Stay safe... stay healthy... be well.
*Wednesday Wellness
 Message (3/17/21)*

***This week's wellness message:
 vaccine myths vs facts.***



If you or your loved ones are unsure about getting a vaccine, please reach out to a health professional to discuss. All Ohioans over 40 and nearly all adults and adolescents with underlying conditions are now eligible for a vaccine. You can go to gettheshot.coronavirus.ohio.gov to find a location to get yours. Please get vaccinated... we are ALL depending on each other.

 COVID-19 VACCINE MYTHS	 COVID-19 VACCINE FACTS
The vaccine was rushed and isn't safe.	COVID-19 vaccine is safe. Researchers took no safety shortcuts.
The vaccine changes your DNA.	COVID-19 mRNA vaccine does not change or interact with your DNA in any way.
The vaccine can give you COVID-19.	The vaccine cannot give you COVID-19. It does not contain live virus.
The vaccine causes severe side effects.	After vaccination you may have some side effects. This is a normal sign that your body is building protection.
The vaccine can cause infertility.	 Experts believe that COVID-19 vaccines are unlikely to pose a risk to a person trying to become pregnant in the short or long term.

Be well. Stay safe. Stay healthy.